

## Class Timetable Summer Term 2019

	Monday	Tuesday	Wednesday	Thursday	Friday		Friday
16:00	Tiny Tigers	Tiny Tigers	Tiny Tigers	Tiny Tigers	Tiny Tigers	11:30	Youth/Adult
	Tigers	Tigers	Tigers	Tigers	Tigers		Saturday
17:00	Cranes	Cranes	Cranes	Cranes	Cranes	09:00	Beg/Int Family
	Mini Mantis	Mini Mantis	Mini Mantis	Mini Mantis	Mini Mantis	10:00	Adv Family
18:00	Mantis	Mantis	Mantis	Mantis	Mantis		Sunday
	Dragons	Dragons	Dragons	Dragons	Dragons	17:00	Mini Masters & Acro Team
19:00	Beg/Int Youth/Adult Youth Black Belt	Adv Youth/Adult	Beg/Int Youth/Adult	Adult JKN		18:00	Family
	Adv Youth/Adult	Beg/Int Youth/Adult	Adv Youth/Adult	Youth/Adult KSN/PSBN		19:00	Masters

### Special classes

**FITNESS:** 19:00 1st Monday of the month, 2nd Tuesday of the month, 3rd Wednesday of the month, 4th Thursday of the month

**SPARRING:** 10:00 1st Saturday of the month, available to all ages and abilities

**TOURNAMENT:** 11:00 1st Saturday of the month, available to those who have paid entry fee for next WKSA competition

**INSTRUCTOR TRAINING:** 20:00 1st Thursday of the month

#### TINY TIGERS



4-6 yrs  
White/Yellow Belts

#### TIGERS



6-8 yrs  
White/Yellow Belts

#### CRANES



9-12 yrs  
White/Yellow Belts

#### MINI MANTIS



6-8 yrs  
Blue/Red/  
Brown Belts

#### MANTIS



9-12 yrs  
Blue/Red/  
Brown Belts

#### DRAGONS



12 yrs & under  
DBN/Black Belts